

Appendix I

Table The Figures of Speech in skyscraper

Data	Stanza	Verse no	Lyric	Figures of speech
1	1	1	<i>Skies are cring, I am watching</i>	Personification
			Catchingteardrop in my hands	
			Only silence as it's ending	
			Like we never hand a chance	
			Do you have to make me feel like	
			There's nothing left of me?	
	2		You can take everything I have	
			You can break everything I am	
		2	Like I'm made of <i>glass</i> Like I'm made of <i>paper</i>	Symbol
			Go on and try to tear me down	
		3	I will be rising from the <i>ground</i>	Symbol
		4	<i>Like a skyscraper</i>	Simile
	3	5	As the <i>smoke</i> clears, I awaken	Symbol
			And untangle you from me	
			Would it make you feel better	
			To watch me while I bleed	
		6	All my <i>windows</i> still are broken	Symbol
			But I'm standing on my feet	
	4		Go run, run, run	
			I'm gonna stay right here	
			Wacth you disappear	
			Go run, run, run	
			Yeah, it's a long way down	

Appendix II

Table The Figures of Speech in Warrior

Data	Stanza	Verse No	Lyric	Figures of Speech
2	1		This is a story that I've never told	
		7	<i>I gotta get this off my chest to let it go</i>	Metaphor
		8	I need to take back the <i>light</i> inside you stole	Symbol
			You're a criminal	
			And you steal like you're a pro	
	2	9	All the pain and the truth I wear <i>like a battle</i> wound	Metaphor
			So ashamed, so confused	
			I was broken, and bruised	
	3	10	And now <i>I'm a warrior</i>	Metaphor
			Now I've got thicker skin	
			I'm a warrior	
			I'm stronger than I've ever been	
		12	And <i>my armor</i> , is made of steel, you can't get in	Symbol
			I'm a warrior	
			And you can never hurt me again	
	4	13	Out of the <i>ashes</i>	Symbol
		14	I'm burning like <i>a fire</i>	Metaphor
			You can save your apologies you are nothing but a liar	
			I've got shame, I've got scars that I will never show	
		15	<i>I'm a survivor</i>	Metaphor
			In more ways than you know	

Appendix III

DEMI LOVATO INTERVIEW ON GMA 2011 (GOOD MORNING AMERICA) WITH ROBYN ROBERTS

Narrator: She's the best friend of generation has grown up with. 18 year old Demi Lovato is the pop princess with a winning smile. Even before Demi was officially performing in front of camera, she knew how to strike a pose.

Robyn : I have a picture I wanna show you
(showing Demi's childhood picture)

Demi : Oh my gosh! Yeah!

Robyn : When you look at this picture, what does it make you think?

Demi : (sigh) that's a little girl who loves performing

Narrator: The little girl from Dallas, Texas, got her television start on the iconic children show "Barney and Friends". Demi's natural outlook confidence in front of camera could not protect her from inner lasting effect of childhood bullying.

Demi : I literally didn't know why they were being so mean to me and they were just saying ... oh you're fat and then a few months later I developed into eating disorder.

Narrator: Throughout her childhood, Demi struggled with bulimia. Her family found a professional help but Demi was keeping a secret. She was cutting herself, intentionally mutilating her wrist.

Robyn : do you remember the first time that you cut yourself?

Demi : ehm I was eleven.

Robyn : what did you feel from it?

Demi : it was a way of expressing my own shame of myself on my own body. And there was some times where my emotions were so built up. I didn't know what to do. The only way I could get instant gratification was through an immediate release on my self.

Robyn : there are a lot of people who may feel oh you must be trying to kill yourself. Are you?

Robyn : I didn't think that I was ever trying to kill myself. But I knew if I've ever gone too far then I wouldn't care.

Narartor: She began hiding her cuts with make up and bracelets. But her inner turmoil ruled. Demi's private struggle never stopped her where she felt most at home on stage. Finally, her breakthrough role at fifteen, she was casted at the female lead opposite to Jonas Brothers in Disney's "Camp Rock" and was instantly transformed into a teen sensation. Then, for the little girl who liked to strike a pose, one picture changed everything. In this red carpet photo, her visibly scar wrist were exposed for the first time.

Demi : that picture, when it came out, terrified me. The entire world saw my innermost darkest secret that my parents didn't even know.

Robyn : were you wear that?

Demi : No, I had a dress on. When you do it for so long you kinda just forget that it's there and I have put make up on it before so I thought it was covered. That's a wake up call but ... then I started doing it in places where no one would see it.

Robyn : so you become a little more ...

Demi : Sneaky, I became sneaky

Narrator: After the photo incident, Demi assured her family and friends that everything was alright and focused her energy on starring her very own show “Sonny with a Chance”. Soon the wildly successful Camp Rock sequel became the number 1 cable movie of the year. Her album debuted on number 1 on Billboard. Last summer, she headlined a sold out tour with the Jonas Brothers. Even more, she was dating teen heartthrob, Joe Jonas. Demi’s six million facebook fans followed every move. Her life appeared perfect, but Demi’s inner demon raged on, her cutting intensified.

Demi : my mom was terrified of walking into my room in the morning sometimes because she didn’t know what she would find... because it had become that serious.

During the tour, her relationship with Joe Jonas ended, but the love duet they had to perform did not. Then, a turning point, years of self-abused could not be ignored.

Demi : I was performing a concert on an empty stomach. I was losing my voice from purging and I literally was so emotionally wacked out that I took it on someone that meant a lot to me.

Demi physically struck one of her dancers, Alex Welch. The resulting bruises can be seen in this photo from TMZ.

Demi : I take 100% full responsibility, the second I kind of come out of my manian realize what I’ve done I felt sick

Demi's family and management team held an intervention.

Demi : they sat me down and you can't live like this... like you need to get help and that's exactly what I did.

Narrator : She quitted the tour and went to Timberline Knolls, a residential treatment center for women battling addiction. There, she would receive a shocking new diagnosis. Demi was bipolar. Something she's never spoken about on camera until this interview.

Demi : I had no idea that I was bipolar until I went into the treatment. When I was 7 years old, I started having actually suicidal thoughts. Looking back, and I'm like okay that makes sense. I was bipolar. I was actually manic a lot of the times that I would take on workloads and say yes I could do this, I could do this. But then I come crashing down and I would be more depressed than ever.

Narrator: Now, after 3 months of intense therapy. A new start.

Demi : for the first time in my life I started to feel. It was such a humbling experience to not just push your feelings aside and ignore them. I'm thankful now that I have feeling, you know.

Narrator: Feeling and doing well. Her cuts on her wrist have healed and feeling words now cover them. Her new tattoo, a mantra "Stay and Strong".

Demi : the messages for me. It says "stay strong". (Showing her wrists)

Robyn : and you have it written so you can ...

Demi : yes, so I can see it. So, everyday no matter if I'm putting on my shoes or putting on my make up I see it everyday to stay strong.

Appendix IV

Demi Lovato on Ellen Degeneres Show on September 20, 2011

Segment 1: 40

Demi : I don't really know what to call it but basically yeah we can call it a breakdown or a meltdown. Umm .. I went from being at the highlight of my career, having a movie just come out and being on the tours and having so much success. So many things are going great in my life and then all of a sudden my personal life just went down like At crazy speed and I've just had a negative breakdown. I ... you know it changes my life forever...

Segment 3:15

Ellen : and that started the cutting ... then you cut yourself?

Demi : right.

Ellen : and because you felt so badly about yourself?

Demi : right. I think that years of abuse in school and just ... you know, there so many things were said to me that ... that just haunted me everyday and I went from having all these friends to none and that's the effect that bullying can have on you

Ellen : and you were also .. you were drinking and using drugs or anything like that?

Demi : I was... I would be lying to you if I said that I've never experimented or self medicated with drugs and alcohol.

Segment 5:20

Ellen : I think you have to be healthy to recognize unhealthy. If you're unhealthy, you're just surrounded by unhealthy people, you don't know any difference because they just ... you know, they're kind of on the same page.

Demi : that's why I'm so successful with manipulating the people around me with my addiction, and that's what happened when you are ... you know, you've lost control of yourself to a disease.

Segment 6:20

Demi : one of the reasons why I became so outspoken when I decided to come out of treatment and talked about my issues was because when I grew up and I was dealing with the pressure to be thin there was... it was the time on the tabloid when very very skinny girls were on the cover of every magazine. And that was I was looking up to, so that's what I have to idolize. I don't want that for young girls to idolize.

APPENDIX V

Skyscraper Premier with Ryan Seacrest

Segment 4:17

Ryan : What was the toughest part of this journey that you've been through because you went to rehab for how long?

Demi : uh uh... I went for three months.

Ryan : So what was the toughest part about last 6 months of your life?

Demi : uffh ...well, I had to say that spending Christmas in treatment uhm ... was really really difficult, and I spent basically every holiday from Halloween to almost valentine's day. Uhhh ... and it was just... it was... I just remember like sometimes sitting there being like I had so much just like 6 months ago and here I am like in a treatment center and what is my life become like how do I let it got to this point and that what my whole song is kind of about. It's about rising above those issues and hopefully with this song does for my fans, if only my fans, hopefully more people, but if only my fans it ... it tells them that it's gonna be okay no matter how hard your rock bottom is you can rise above it and you can come back.

APPENDIX VI

About Demi Lovato

Official Site: <http://www.demilovato.com> | @ddlovato

From her beginnings as a Disney starlet, Demi Lovato became a pop star with several hit singles to her credit, a judge on the U.S. version of Simon Cowell's popular talent search show *The X Factor*, and a spokesperson for mental health issues. Born in 1992 in Dallas, Texas, she was raised in a household that included her mother (a former Dallas Cowboys Cheerleader) and her two sisters, the youngest of whom launched her own acting career in 2008. Demi started out as a child actress, starring as a cast regular on *Barney and Friends* before finding her way onto the Disney Channel with a brief role in *As the Bell Rings*.

Lovato's debut album, *Don't Forget*, featuring songs co-written by the Jonas Brothers, was released by Hollywood Records several months after the premiere of *Camp Rock*, a 2008 Disney Channel movie starring Lovato and the Jonas siblings. *Don't Forget* debuted at number two, confirming Lovato's status as a star in her own right, and was followed in 2009 by the chart-topping *Here We Go Again*. Meanwhile, Lovato continued to act, appearing in a popular sequel to *Camp Rock* and starring in her own Disney series, *Sonny with a Chance*.

In 2010, following a widely reported altercation with a backup dancer, Lovato left a tour with the Jonas Brothers to enter a treatment center for unspecified physical and emotional problems. After leaving the facility in 2011, Lovato announced that she had been treated for bulimia, among other issues, and had been diagnosed with bipolar disorder. She also revealed that she would not be

returning to work on Sonny with a Chance. In 2011, Lovato released the studio album *Unbroken*, featuring the Toby Gad-produced single "Skyscraper" as well as the Timbaland/Missy Elliott-produced "All Night Long," but it was "Give Your Heart a Break" that was the album's second biggest hit, peaking at 16 on the Billboard Hot 100 on its way to being certified platinum.

Lovato's comeback continued in 2012 when she, along with Britney Spears, signed to be one of the four judges on the second season of the U.S. version of *The X Factor*, debuting in the fall of 2012. Lovato's role on *The X Factor* was a success, leading to her return for the 2013 season. Prior to the show's fall launch, Lovato released her fourth album, *Demi*, which appeared in May of 2013 preceded by the single "Heart Attack." That month, Lovato was also recognized for her work as a mentor to young people with mental health issues by the Substance Abuse and Mental Health Services Administration. In December 2013, it was announced that she would not return to *The X Factor* so that she could concentrate on making music and touring in 2014. ~ Matt Collar, Rovi