

# **CHAPTER I**

## **INTRODUCTION**

This chapter is an introduction of the study. It presents a brief description of the background of hypnoteaching method, question, objectives, significance, scope and limitation, and key terms of the research.

### **1.1 Background of the Research**

Currently, the effort of improving quality in teaching English at classroom is influencing the teaching method. The teacher as a facilitator and guide for the student must have a responsibility to handle the class. Teacher as facilitator means they are not only as a teacher who transferring knowledge, but also as an educator who transferring values all at once guiding the student in the learning process. It also means, in teaching, teacher takes role as the stimulator for the student to thrive their learning.

As the one of four skills in basic skill, speaking has essential rules in teaching English. Richard (2008: 19) said that the mastery of speaking skills in English is a priority for many second-language or foreign-language learners. Consequently, learners often evaluate their success in language learning as well as the effectiveness of their English course on the basis of how much they feel they have improved in their spoken language proficiency. It means that student can improve their speaking skill in enough time and situation.

In his research, Stirling (2014) says that human have a desire to learn with an impulse from intrinsic psychological needs. One of the psychological needs is motivation. According to the statement of Pintrich and Schunk (2002: 5) motivation is the process whereby goal-directed activity is instigated and sustained. In the other side, Brophy (2010: 3) describes motives are relatively general needs or desires that energize people to initiate purposeful. He said in the classroom context, the concept of student motivation is used to explain the degree to which students invest attention and effort in various pursuits, which may or may not be the ones desired by their teachers. Student's motivation needed to make the learning process running perfectly. Furthermore, motivation is an

unconscious psychological process, rather than a logical one. So, students catch the lesson overall in comfortable situation, includes unconscious state by their own desires.

A student's motivational problem in learning speaking is they were demotivated. The motivational problem here is such as shyness and personality factors. Both of problems make the student feel hard to expressing their ideas in speaking. They cannot communicate what they want to delivered to other fluently. In the Haywood et al's study (2008), the problem of student's motivation is an underlying lack of student motivation which observed in all of their classrooms.

Asri (2012) in her study about the student's motivation in English learning process found that teachers did not use the various teaching methods. She shared the quality of education largely determined by the quality of teaching-learning process. To make the learning process more efficient with expected result teacher need to change the instrumental and environmental input.

According to the Zuhri's research (2015) about the improvement of student's ability, he found the teacher did not use interesting teaching strategy. It resemble as Noer statement(2010) that the sucks teacher makes the students feel bored and have the impact of mental block. To make student's more interest teacher should change their teaching method with the new method which more interesting, comfortable and relaxed.

Hypnoteaching is a new teaching strategy or method in the field of education in teaching and learning that combines hypnosis or hypnotism and teaching. Hypnoteaching is a learning method that presents the subject matter using the languages of the subconscious because the subconscious is greater dominance of the way the brain works. Wati spoke (2016: 6) that hypnoteaching is a combination of five methods of teaching and learning such as quantum learning, accelerate learning, power teaching, neuro- linguistic programming (NLP) and hypnosis.

Hypnoteaching is not the teaching process by making the students sleep at class and doing everything what the teacher ask like as seen on the magic TV program. It is an approach and method to make the class atmosphere fun and happy by itself without compulsion then the student interesting to follow. Hypnoteaching connect the student's character to the feeling of happy. But that process will be successful if the teacher really knows their characteristic. The character will show on the student's thought. In addition, student's confidence is also needed. The way to arise their self-confidence is by having natural condition through hypnoteaching. Hypnoteaching plays in the unconscious mind which is active in the human mind than conscious mind.

Hypnoteaching uses the persuasive language and positive behavior to be implemented into teaching. Teachers activate student's motivation with the aim students can learn comfortably. Noer (2010) said that sentences given by the teacher in this condition will be received by the students continuously because their brain will produce serotonin and endorphin hormone which stimulate someone to feel pleasant, quiet, calm, happy. Therefore, teaching becomes very easy and enjoyable because the students will understand well, and class becomes very joyful. No student will be worried, afraid, and angry or stress, furthermore they feel bored, tired and whirling.

According to the problem above, the researcher is interested to study about the implementation of hypnoteaching in EFL clasroom of junior high school students in SMPN 1 SIDOARJO. The method is applied to motivate the student in learning speaking at the seventh grades of SMPN 1 SIDOARJO. The purpose of this study is to get some benefits from hypnoteaching method in teaching EFL class on speaking.

## **1.2 Research Questions**

Based on the background of study, the research question is formulated as follows:

1. How hypnoteaching method applied by English teacher in EFL classroom of junior high school at SMPN 1 SIDOARJO?
2. What are the problems faced by English teacher in applying hypnoteaching method in EFL classroom of junior high school at SMPN 1 SIDOARJO?

## **1.3 Objectives of the Research**

The objectives of the research are:

1. To describe how hypnoteaching method applied by English teacher in EFL classroom of junior high school at SMPN 1 SIDOARJO.
2. To investigate the problems faced by English teacher in EFL classroom of junior high school at SMPN 1 SIDOARJO.

## **1.4 Significance of the Research**

Results from this study are expected to be beneficial for the researcher, especially teacher, student and other researcher.

- a. Researcher : can understand the hypnoteaching method deeply and can apply this method on her next teaching activities.
- b. Teacher : expected that they can apply effective approach to students and choose this method as one of their teaching methods to provide insight into the totality of teaching.
- c. Student : they will be able to concentrate on the class
- d. Further researcher : can use as a comparative study or preview study to developed and continued deeper

## 1.5 Scope and Limitation

The scope of this study is the implementation of hypnoteaching method in teaching speaking of English. The limitation of this study are the seventh grades student's of EFL class on speaking activity in learning English at SMPN 1 SIDOARJO.

## 1.6 Definition of Key Terms

- a. Hypnosis :
  - Noer (2010) : Hypnosis is derived from the word Hypnos which means sleep. Simply, hypnosis is a similar phenomenon to sleep, where the subconscious is taking the role and the role of the consciousness is reduced.
- b. Teaching Speaking :
  - Richard (2008: 2) : Teaching speaking defined as a traditional methodologies usually meant repeating after the teacher, memorizing a dialog, or responding to drills, all of which reflect the sentence-based view of proficiency prevailing in the audio-lingual and other drill-based or repetition based methodologies.
- c. EFL Classroom :
  - Maxom (2009: 75) : Teaching of English to students whose first language is not English
- d. Hypnoteaching :
  - Noer (2010) : the process of teaching to provide persuasion to the students
  - Wati and Kusuma (2016) : the form of teacher's attitude to giving persuasion for their students with the aim giving them good lesson to improve student's achievement.