

LAMPIRAN-LAMPIRAN

A. LAMPIRAN 1

UJI RELIABILITAS DAN VALIDITAS ALAT UKUR

1. UJI RELIABILITAS DAN VALIDITAS ALAT UKUR STRES

PUTARAN 1

Tabel Item Valid dan Gugur Variabel Stres Putaran 1

Indikator	Corelation Pearson	Batas	Keterangan
S1	0,571	>0.30	Valid
S2	0,581		Valid
S3	0,499		Valid
S4	0,743		Valid
S5	0,748		Valid
S6	0,512		Valid
S7	-0,073		Gugur
S8	0,747		Valid
S9	0,683		Valid
S10	0,573		Valid
S11	0,488		Valid
S12	0,044		Gugur
S13	0,8		Valid
S14	0,044		Gugur
S15	0,506		Valid
S16	0,554		Valid
S17	0,745		Valid
S18	0,727		Valid
S19	0,57		Valid
S20	0,384		Valid
S21	-0,312		Gugur
S22	0,557		Valid
S23	0,7		Valid
S24	0,718		Valid
S25	-0,073		Gugur
S26	0,585		Valid
S27	0,638		Valid
S28	0,661		Valid
S29	0,764		Valid
S30	-0,151		Gugur

S31	0,462	Valid
S32	0,52	Valid
S33	0,485	Valid
S34	-0,201	Gugur
S35	0,392	Valid
S36	0,43	Valid
S37	-0,033	Gugur
S38	-0,201	Gugur
S39	0,404	Valid
S40	0,398	Valid

PUTARAN 2

Case Processing Summary

		N	%
Cases	Valid	50	100.0
	Excluded ^a	0	.0
	Total	50	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.940	31

Tabel Item Valid dan Gugur Variabel Stres Putaran 2

Indikator	Corelation Pearson	Batas	Keterangan
S1	0,682	>0.30	Valid
S2	0,614		Valid
S3	0,561		Valid
S4	0,766		Valid
S5	0,795		Valid
S6	0,568		Valid
S8	0,732		Valid
S9	0,695		Valid
S10	0,569		Valid
S11	0,439		Valid
S13	0,78		Valid
S15	0,606		Valid
S16	0,559		Valid
S17	0,745		Valid
S18	0,764		Valid
S19	0,625		Valid
S20	0,436		Valid
S22	0,552		Valid
S23	0,679		Valid
S24	0,736		Valid
S26	0,686		Valid
S27	0,68		Valid
S28	0,693		Valid
S29	0,797		Valid
S31	0,512		Valid
S32	0,551		Valid
S33	0,517		Valid
S35	0,447		Valid
S36	0,501		Valid
S39	0,421		Valid
S40	0,381		Valid

2. RELIABILITAS DAN VALIDITAS ALAT UKUR KOPING

PUTARAN 1

Total UP	Correlations																																							
	KP1	KP2	KP3	KP4	KP5	KP6	KP7	KP8	KP9	KP10	KP11	KP12	KP13	KP14	KP15	KP16	KP17	KP18	KP19	KP20	KP21	KP22	KP23	KP24	KP25	KP26	KP27	KP28	KP29	KP30	KP31	KP32	KP33	KP34	KP35	KP36	KP37	KP38	KP39	KP40
1	0,97	0,96	0,95	0,94	0,93	0,92	0,91	0,90	0,89	0,88	0,87	0,86	0,85	0,84	0,83	0,82	0,81	0,80	0,79	0,78	0,77	0,76	0,75	0,74	0,73	0,72	0,71	0,70	0,69	0,68	0,67	0,66	0,65	0,64	0,63	0,62	0,61	0,60	0,59	0,58
0,95	1	0,96	0,95	0,94	0,93	0,92	0,91	0,90	0,89	0,88	0,87	0,86	0,85	0,84	0,83	0,82	0,81	0,80	0,79	0,78	0,77	0,76	0,75	0,74	0,73	0,72	0,71	0,70	0,69	0,68	0,67	0,66	0,65	0,64	0,63	0,62	0,61	0,60	0,59	0,58

* Correlation is significant at the 0.05 level (2-tailed).
 * Correlation is significant at the 0.1 level (2-tailed).

Tabel Item Valid dan Gugur Variabel Koping Putaran 1

Indikator	Corelation Pearson	Batas	Keterangan
KP1	0,656	>0.30	Valid
KP2	0,716		Valid
KP3	-0,312		Gugur
KP4	0,541		Valid
KP5	0,661		Valid
KP6	0,474		Valid
KP7	0,518		Valid
KP8	0,707		Valid
KP9	0,712		Valid
KP10	0,503		Valid
KP11	-0,036		Gugur
KP12	0,506		Valid
KP13	0,762		Valid
KP14	0,702		Valid
KP15	0,606		Valid
KP16	0,433		Valid
KP17	0,56		Valid
KP18	-0,283		Gugur
KP19	0,357		Valid
KP20	0,585		Valid
KP21	0,475		Valid
KP22	0,457		Valid
KP23	-0,283		Gugur
KP24	0,505		Valid
KP25	0,38		Valid
KP26	0,434		Valid
KP27	0,649		Valid
KP28	0,571		Valid
KP29	0,741		Valid
KP30	0,503		Valid
KP31	0,049		Gugur
KP32	0,52		Valid
KP33	0,538		Valid
KP34	0,536		Valid
KP35	0,575		Valid
KP36	0,419		Valid

KP37	0,456	Valid
KP38	-0,09	Gugur
KP39	0,555	Valid
KP40	0,528	Valid

PUTARAN 2

Case Processing Summary

		N	%
Cases	Valid	50	100.0
	Excluded ^a	0	.0
	Total	50	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.931	34

Reliabilitas dan Validitas Alat Ukur Koping Putaran 2

		Correlations																																							
		Total_KP2	KP1	KP2	KP4	KP5	KP6	KP7	KP8	KP9	KP10	KP12	KP13	KP14	KP15	KP18	KP17	KP19	KP20	KP21	KP22	KP24	KP25	KP26	KP27	KP28	KP29	KP30	KP32	KP33	KP34	KP35	KP36	KP37	KP38	KP40					
Total_KP2	Pearson Correlation	1																																							
	Sig. (2-tailed)																																								
	N																																								

** Correlation is significant at the 0.01 level (2-tailed).

* Correlation is significant at the 0.05 level (2-tailed).

Tabel Item Valid dan Gugur Variabel Koping Putaran 2

Indikator	Corelation Pearson	Batas	Keterangan
KP1	0,617	>0.30	Valid
KP2	0,721		Valid
KP4	0,553		Valid
KP5	0,649		Valid
KP6	0,473		Valid
KP7	0,525		Valid
KP8	0,749		Valid
KP9	0,754		Valid
KP10	0,518		Valid
KP12	0,479		Valid
KP13	0,779		Valid
KP14	0,73		Valid
KP15	0,606		Valid
KP16	0,429		Valid
KP17	0,544		Valid
KP19	0,361		Valid
KP20	0,617		Valid
KP21	0,478		Valid
KP22	0,453		Valid
KP24	0,513		Valid
KP25	0,398		Valid
KP26	0,419		Valid
KP27	0,664		Valid
KP28	0,58		Valid
KP29	0,712		Valid
KP30	0,519		Valid
KP32	0,534		Valid
KP33	0,535		Valid
KP34	0,5		Valid
KP35	0,562		Valid
KP36	0,451		Valid
KP37	0,504		Valid
KP39	0,587		Valid
KP40	0,551		Valid

3. RELIABILITAS DAN VALIDITAS ALAT UKUR DUKUNGAN SOSIAL

PUTARAN 1

		Correlations																																																	
Total_OS2	OS1	OS2	OS3	OS4	OS5	OS6	OS7	OS8	OS9	OS10	OS11	OS12	OS13	OS14	OS15	OS16	OS17	OS18	OS19	OS20	OS21	OS22	OS23	OS24	OS25	OS26	OS27	OS28	OS29	OS30	OS31	OS32	OS33	OS34	OS35	OS36	OS37	OS38	OS39	OS40	OS41	OS42	OS43	OS44	OS45	OS46	OS47	OS48	OS49	OS50	
Pearson Correlation	1	0.387	0.385	0.328	0.362	0.338	0.319	0.352	0.425	0.440	0.398	0.402	0.331	0.378	0.440	0.407	0.377	0.409	0.484	0.494	0.478	0.479	0.527	0.395	0.375	0.444	0.397	0.370	0.381	0.389	0.467	0.392	0.389	0.467	0.469	0.469	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	0.467	
Sig. (2-tailed)		0.004	0.006	0.000	0.000	0.000	0.001	0.012	0.002	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.005	0.007	0.001	0.004	0.007	0.005	0.011	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
N		50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50

* Correlation is significant at the 0.01 level (2-tailed).
 * Correlation is significant at the 0.05 level (2-tailed).

Tabel Item Valid dan Gugur Variabel Dukungan Sosial Putaran 1

Indikator	Corelation Pearson	Batas	Keterangan
DS1	0,371	>0.30	Valid
DS2	0,428		Valid
DS3	0,54		Valid
DS4	0,51		Valid
DS5	-0,021		Gugur
DS6	0,455		Valid
DS7	0,481		Valid
DS8	0,326		Valid
DS9	0,393		Valid
DS10	0,444		Valid
DS11	0,51		Valid
DS12	-0,039		Gugur
DS13	0,405		Valid
DS14	0,584		Valid
DS15	0,747		Valid
DS16	0,76		Valid
DS17	0,45		Valid
DS18	0,619		Valid
DS19	-0,053		Gugur
DS20	0,384		Valid
DS21	0,44		Valid
DS22	0,726		Valid
DS23	0,585		Valid
DS24	0,538		Valid
DS25	0,404		Valid
DS26	0,383		Valid
DS27	0,39		Valid
DS28	0,027		Gugur
DS29	0,308		Valid
DS30	0,385		Valid
DS31	0,412		Valid
DS32	0,382		Valid
DS33	0,439		Valid
DS34	0,787		Valid
DS35	-0,01		Gugur
DS36	0,513		Valid
DS37	0,44		Valid
DS38	0,638		Valid

DS39	-0,1	Gugur
DS40	0,539	Valid

PUTARAN 2

Case Processing Summary

		N	%
Cases	Valid	50	100.0
	Excluded ^a	0	.0
	Total	50	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.916	34

		Correlations																																										
Total_Oz2	Pearson Correlation	Total_Oz2	DB1	DB2	DB3	DB4	DB5	DB7	DB8	DB9	DB10	DB11	DB13	DB14	DB15	DB16	DB17	DB18	DB20	DB21	DB22	DB23	DB24	DB25	DB26	DB27	DB29	DB30	DB31	DB32	DB33	DB34	DB36	DB37	DB38	DB41								
389*	1	389*	0.04	0.06	0.00	0.00	0.00	0.01	0.12	0.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00								
0.04	0.06	0.00	0.00	0.00	0.00	0.00	0.01	0.12	0.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00								
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00							
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00							
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00						

* Correlation is significant at the 0.01 level (2-tailed).
 * Correlation is significant at the 0.05 level (2-tailed).

Tabel Item Valid dan Gugur Variabel Dukungan Sosial

Putaran 2

Indikator	Corelation Pearson	Batas	Keterangan
DS1	0,399	>0.30	Valid
DS2	0,386		Valid
DS3	0,529		Valid
DS4	0,51		Valid
DS6	0,536		Valid
DS7	0,439		Valid
DS8	0,352		Valid
DS9	0,425		Valid
DS10	0,54		Valid
DS11	0,556		Valid
DS13	0,462		Valid
DS14	0,631		Valid
DS15	0,738		Valid
DS16	0,74		Valid
DS17	0,44		Valid
DS18	0,627		Valid
DS20	0,494		Valid
DS21	0,494		Valid
DS22	0,729		Valid
DS23	0,578		Valid
DS24	0,527		Valid
DS25	0,395		Valid
DS26	0,375		Valid
DS27	0,444		Valid
DS29	0,397		Valid
DS30	0,378		Valid
DS31	0,391		Valid
DS32	0,358		Valid
DS33	0,48		Valid
DS34	0,792		Valid
DS36	0,513		Valid
DS37	0,499		Valid
DS38	0,615		Valid
DS40	0,55		Valid

B. LAMPIRAN 2
HASIL UJI ASUMSI
UJI NORMALITAS

Tests of Normality							
Koping		Kolmogorov-Smirnov ^a			Shapiro-Wilk		
		Statistic	df	Sig.	Statistic	df	Sig.
Stres	Emotion	.269	3	.	.949	3	.567
	Problem	.250	5	.200*	.868	5	.259

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

Case Processing Summary						
	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Dukungan_Sosial	8	100.0%	0	.0%	8	100.0%

UJI LINEARITAS

ANOVA Table							
			Sum of Squares	df	Mean Square	F	Sig.
Stres * Dukung an_Sosi al	Between Groups	(Combined)	2.948	6	.491	9.445	.244
		Linearity	.404	1	.404	7.764	.219
		Deviation from Linearity	2.545	5	.509	9.781	.238
	Within Groups		.052	1	.052		
	Total		3.001	7			

Measures of Association				
	R	R Squared	Eta	Eta Squared
Stres * Dukungan_Sosial	-.367	.135	.991	.983

Between-Subjects Factors

		Value Label	N
Koping	1	Emotion	3
	2	Problem	5

UJI HOMOGENITAS**Levene's Test of Equality of Error Variances^a**

Dependent Variable: Stres

F	df1	df2	Sig.
.289	1	6	.610

Tests the null hypothesis that the error variance of the dependent variable is equal across groups.

a. Design: Intercept + Dukungan_Sosial + Koping

C. LAMPIRAN 3
KATEGORISASI RESPONDEN

Descriptive Statistics

Dependent Variable:Stres

Koping	Mean	Std. Deviation	N
Emotion	2.3011	.16554	3
Problem	3.3806	.43602	5
Total	2.9758	.65471	8

D. LAMPIRAN 4
HASIL ANALISIS KOVARIAN (ANAKOVA)

Tests of Between-Subjects Effects

Dependent Variable:Stres

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	2.709 ^a	2	1.355	23.237	.003
Intercept	.063	1	.063	1.076	.347
Dukungan_Sosial	.524	1	.524	8.986	.030
Koping	2.305	1	2.305	39.543	.001
Error	.291	5	.058		
Total	73.844	8			
Corrected Total	3.001	7			

a. R Squared = .903 (Adjusted R Squared = .864)

Estimates

Dependent Variable:Stres

Koping	Mean	Std. Error	95% Confidence Interval	
			Lower Bound	Upper Bound
Emotion	1.924 ^a	.188	1.441	2.407
Problem	3.607 ^a	.132	3.268	3.946

a. Covariates appearing in the model are evaluated at the following values: Dukungan_Sosial = 3.2610294.

Pairwise Comparisons

Dependent Variable:Stres

(I) Koping	(J) Koping	Mean Difference (I-J)	Std. Error	Sig. ^a	95% Confidence Interval for Difference ^a	
					Lower Bound	Upper Bound

Emotion	Problem	-1.683*	.268	.001	-2.371	-.995
Problem	Emotion	1.683*	.268	.001	.995	2.371

Based on estimated marginal means

*. The mean difference is significant at the .05 level.

a. Adjustment for multiple comparisons: Least Significant Difference (equivalent to no adjustments).

Univariate Tests

Dependent Variable:Stres

	Sum of Squares	df	Mean Square	F	Sig.
Contrast	2.305	1	2.305	39.543	.001
Error	.291	5	.058		

The F tests the effect of Koping. This test is based on the linearly independent pairwise comparisons among the estimated marginal means.