

## CHAPTER V

### CONCLUSION AND SUGGESTION

This chapter presents the conclusion and suggestion of this research. After the researcher analyze the kinds of defense mechanisms that Katnis Everdeen use to win “The Hunger Games” and how Katnis Everdeen use her defense mechanisms as a strategy to fight against the Capitol in the previous chapter, finally the researcher can concludes the result of the research. The researcher also gives some suggestions to the reader as the previous study.

#### 5.1 Conclusion

In this part, the researcher can conclude the result of the first statement of the problem. Based on the first statement of the problem, it is stated the kinds of defense mechanism that Katnis Everdeen used to win “The Hunger Games”. There are some kinds of defense mechanism that Katnis Everdeen used to win “The Hunger Games” like repression, projection, regression, displacement, and rationalization. In repression, Katnis Everdeen repressed the death of her father in the coal mine. It is the painful memory in her life because the accident makes Katnis Everdeen to replace her father as the house hold of family. She keeps her painful memory in her own heart and nobody knows her painfulness. She tries to keep her family in whatever condition although she must search and serve foods for her family. In projection, the conflict of Katnis Everdeen’ mind makes her to do the projection. Katnis Everdeen thinks that the kindness of Peeta Mellark is the fake. She also thinks that Peeta Mellark is her enemy and has many strategies to kill other tribute in “The Hunger Games”. Even though, Peeta Mellark is honest to do it. In regression, Katnis Everdeen uses regression because she thinks that she cannot handle her family if she .fight in “The Hunger Games”. So, she is back to an earlier level to make her younger sister and her mother with crying, swearing, and temper tantrum that she will be the winner in “The Hunger Games”. In displacement, Katnis Everdeen releases her anger to another target or object because she thinks that her life in danger during “The Hunger Games”. She cannot fight person who have the power because it will make her life in dangerous

position. In rationalization, Katnis Everdeen makes the reasons of her behavior to be right although her mentor does not allow her to take the weapon. But, Katnis Everdeen still attempts to take the weapon because she thinks that she could run fast when she was in school and she knows well how to use an arrow and bows as her ability during hunting in the forest.

Then, the second statement of the problem can also concluded that Katnis Everdeen use her defense mechanisms as a strategy to fight against the Capitol. The desire in Katnis Everdeen's mind make she uses many kinds of defense mechanisms as the strategies to be the winner and fight against the Capitol because she knows that it is impossible to fight the power and control of the Capitol directly. In repression, Katnis Everdeen uses it to makes the Capitol look that she is a strong girl although she has a painful memory of the death her father. In projection, Katnis Everdeen uses it to make the Capitol believe that she has been partner and love Peeta Mellark. In regression, Katnis Everdeen makes sure that she can handle the situation during "The Hunger Games" and makes her desire comes true in class struggle. In displacement, Katnis Everdeen uses it to fight the Gamemakers and Effie Trinket as the delegation of the Capitol. In rationalization, Katnis Everdeen uses it to fight other tributes to win "The Hunger Games". It happens because Katnis Everdeen is under the capitalism of the Capitol, it makes her to fulfill the needs of living with survive in "The Hunger Games" with the weapon. Her rationalization makes her fight the Capitol and makes her to be the winner in "The Hunger Games"

## **5.2 Suggestion**

The Hunger Games novel is one of the literary works. It is the interesting novel because the writer describes every element of literary work with clearly, including the character, plot, setting, and so on. In this research, the researcher takes the main character Katnis Everdeen in The Hunger Games novel. The researcher analyzes kinds of defense mechanisms that Katnis Everdeen uses to win "The Hunger Games" and how Katnis Everdeen uses her defense mechanisms to fight against the Capitol. The Hunger Games novel has many aspects to be analyzed, there are many characters in the novel. For example, it is very

interesting to analyze Cinna as the stylish in the Capitol that has a different appears and the ways of thinking than the Capitol citizen. The further researcher can analyze it by another theory of literature.