

Lampiran 1. Tabulasi Data Skala Stres

Tabulasi Awal

No	Nama	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42					
1	Rosa	2	2	2	4	4	3	3	3	3	3	3	2	3	1	3	2	2	3	2	2	2	2	3	3	3	1	1	3	2	3	2	2	2	2	3	2	3	2	3	1	2	1	3	101			
2	Agustin	1	2	2	2	2	2	2	2	2	3	2	2	2	1	2	2	1	2	1	2	1	1	2	2	2	2	2	1	2	2	1	1	2	2	2	2	2	2	2	2	2	2	2	1	1	2	74
3	T	2	2	1	3	2	4	3	3	2	4	3	2	2	3	4	2	2	4	1	1	1	1	2	2	3	2	3	3	1	2	3	2	2	2	2	2	2	2	3	2	2	2	4	98			
4	Elvira	4	2	2	3	4	4	2	2	2	3	3	2	2	4	4	3	1	3	2	2	2	2	2	3	3	1	1	4	1	2	2	1	4	1	1	1	1	1	2	1	4	1	2	96			
5	Little	2	3	3	2	2	2	2	2	2	3	3	2	3	1	3	2	2	3	2	2	1	2	3	2	4	3	1	2	1	3	2	1	2	3	1	1	2	3	2	2	1	2	2	90			
6	Puji	2	2	3	3	2	3	2	2	2	2	3	2	3	2	2	3	2	3	2	2	2	2	3	2	2	3	2	2	2	2	3	2	2	2	2	2	2	2	3	2	2	2	3	96			
7	Awalul	3	4	3	4	2	3	2	3	2	3	3	2	2	2	2	2	1	3	2	2	2	3	2	3	2	2	2	2	1	2	2	2	3	2	1	2	1	2	1	2	2	1	3	94			
8	Anisa	2	2	2	3	2	2	3	3	2	2	3	2	2	2	2	3	2	3	2	2	2	2	3	3	2	2	2	2	2	2	2	2	2	3	2	3	2	3	2	3	2	2	2	95			
9	Yati	3	2	2	3	3	2	4	3	4	3	3	1	3	4	2	2	4	2	2	2	1	2	3	3	3	3	2	3	2	2	2	2	2	2	3	1	2	2	2	1	2	2	2	101			
10	Novi	2	3	2	3	2	4	2	3	4	2	3	1	2	2	2	2	2	3	2	2	2	2	3	3	4	3	2	3	2	3	2	2	2	3	2	3	2	2	2	1	2	1	2	99			
11	Wiwik	2	2	2	3	2	3	2	3	2	3	3	2	3	2	3	2	2	3	2	2	2	3	3	2	3	2	2	2	2	3	3	2	3	2	2	2	2	2	2	2	2	2	2	3	99		
12	Aulia	1	1	2	2	1	1	3	3	1	1	2	1	2	2	1	2	1	1	1	2	1	2	3	2	2	3	1	1	1	2	1	1	2	1	3	1	1	1	1	1	1	1	1	2	65		
13	Ummy	2	4	3	4	4	4	1	2	3	2	1	2	3	3	4	3	4	3	4	3	2	3	2	4	4	4	3	4	2	4	3	4	3	3	3	3	2	3	2	3	3	2	3	125			
14	Ayu L	3	3	1	3	1	1	2	1	3	2	1	2	4	1	3	1	3	2	1	1	1	1	3	3	4	1	1	1	1	1	1	4	1	2	1	1	1	1	1	1	1	1	1	1	72		
15	Inc	2	2	2	3	3	4	2	3	3	3	3	2	2	3	4	3	3	3	3	2	2	3	3	3	4	4	1	3	2	3	3	2	3	3	1	1	3	2	2	1	2	1	2	108			
16	Rika	2	2	2	3	2	2	2	3	1	2	2	1	1	2	1	2	1	3	2	2	1	2	2	3	2	2	2	1	2	4	2	2	2	2	2	1	1	1	3	1	2	1	2	79			
17	Lastri	2	3	2	3	3	3	2	2	2	2	2	2	2	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	4	2	2	1	2	2	2	90			
18	lailatus	2	2	3	3	3	3	2	2	2	3	2	2	3	2	3	2	2	3	2	3	2	2	2	2	3	3	2	3	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	97		
19	Nur	3	4	1	4	1	1	3	2	1	3	1	1	1	3	1	1	1	3	1	1	1	1	2	1	2	1	1	1	2	1	1	1	2	1	1	1	1	1	1	2	2	1	1	1	66		
20	Girinda	2	2	2	2	2	3	3	3	3	1	3	2	2	3	3	2	2	3	2	2	1	2	2	3	4	4	3	3	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	4	100	
21	Pungkas	3	2	1	2	1	3	2	2	1	3	2	1	2	2	3	4	1	2	1	1	2	1	3	2	1	3	3	1	1	1	2	3	2	2	2	2	1	3	4	2	2	1	3	84			
22	Aprilia	3	2	2	3	3	3	2	3	2	3	3	2	2	3	2	2	3	2	2	2	2	2	3	2	2	3	2	3	2	3	3	2	3	3	2	2	2	2	3	3	3	2	3	104			
23	Anjani	2	4	2	3	3	2	2	3	2	2	3	1	2	2	2	2	2	2	2	2	1	2	3	2	3	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	1	2	1	2	89		
24	tsalis	2	1	2	4	3	3	3	4	2	4	3	2	3	2	3	3	3	3	2	3	1	2	2	3	3	4	3	2	2	2	3	2	2	3	2	3	2	2	2	2	1	2	2	2	104		
25	Fitri	2	2	2	3	2	2	3	3	2	3	3	2	3	2	2	2	2	2	2	2	2	1	3	3	3	3	2	2	2	2	2	2	2	2	3	2	2	2	2	2	2	2	2	2	3	95	

26	Nurul	3	2	3	3	3	3	3	3	3	3	3	2	2	2	2	3	2	3	2	3	2	2	3	3	4	3	2	3	1	3	2	2	3	3	2	2	3	3	2	2	3	3	2	2	1	2	106	
27	Nina	3	2	3	4	2	4	1	3	2	3	2	1	2	2	2	3	3	1	2	2	1	3	3	2	3	2	2	2	1	2	2	2	2	3	3	2	1	2	1	2	1	4	3	1	2	94		
28	N	3	3	3	2	2	4	1	3	2	3	3	2	3	2	2	3	2	3	2	2	2	2	3	3	2	2	2	2	2	2	2	2	2	2	3	2	2	2	2	3	2	2	2	3	2	1	1	96
29	M	3	4	3	3	4	4	3	4	3	3	3	3	3	3	3	3	4	3	2	2	3	1	4	2	4	3	4	2	4	3	3	3	3	3	2	4	3	2	2	2	4	3	2	2	4	3	127	
30	Fitri	3	2	3	3	2	2	3	3	2	3	3	2	3	2	2	3	2	3	2	2	2	2	3	3	3	3	1	2	2	3	3	2	3	2	2	1	2	3	2	2	1	2	3	2	1	2	99	
31	Susilawati	3	1	3	4	4	4	4	4	4	4	3	4	4	2	4	4	4	4	4	4	3	3	4	4	4	4	4	4	3	4	4	3	4	4	4	4	4	4	4	4	4	2	4	4	4	4	154	
32	Lilis	4	3	3	4	4	4	4	4	4	3	4	4	3	3	4	3	4	4	4	3	2	3	4	4	4	4	3	4	2	4	4	3	4	3	3	3	3	3	4	1	3	4	4	4	146			
33	Ka	2	3	1	2	3	3	2	2	3	2	2	3	2	2	2	2	2	3	2	2	2	2	2	2	3	3	2	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	92	
34	Chandra	2	2	1	3	2	4	3	4	2	4	2	3	2	2	4	2	1	3	1	1	1	2	2	2	4	4	1	2	1	2	2	1	2	2	1	1	2	1	1	2	1	1	1	4	88			

Tabulasi valid skala stres

No	Nama	1	3	4	5	6	7	8	9	11	12	14	15	16	17	18	19	20	21	22	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	40	41	42	Σ		
1	Rosa	2	2	4	4	3	3	3	3	3	2	1	3	2	2	3	2	2	2	2	3	3	1	1	3	2	3	2	2	2	3	2	3	2	3	2	1	3	89	89	
2	Agustin	1	2	2	2	2	2	2	2	2	2	1	2	2	1	2	1	2	1	1	2	2	2	2	2	1	2	2	1	1	2	2	2	2	2	2	1	1	2	63	63
3	T	2	1	3	2	4	3	3	2	3	2	3	4	2	2	4	1	1	1	1	2	3	2	3	3	1	2	3	2	2	2	2	2	2	3	2	2	4	86	86	
4	Elvira	4	2	3	4	4	2	2	2	3	2	4	4	3	1	3	2	2	2	2	3	3	1	1	4	1	2	2	1	4	1	1	1	1	2	4	1	2	86	86	
5	Little	2	3	2	2	2	2	2	2	3	2	1	3	2	2	3	2	2	1	2	2	4	3	1	2	1	3	2	1	2	3	1	1	2	3	2	1	2	76	76	
6	Puji	2	3	3	2	3	2	2	2	3	2	2	2	3	2	3	2	2	2	2	2	2	3	2	2	2	2	3	2	2	2	2	2	2	3	2	2	3	84	84	
7	Awalul	3	3	4	2	3	2	3	2	3	2	2	2	2	1	3	2	2	2	3	3	2	2	2	2	1	2	2	2	3	2	1	2	1	2	2	1	3	81	81	
8	Anisa	2	2	3	2	2	3	3	2	3	2	2	2	3	2	3	2	2	2	2	3	2	2	2	2	2	2	2	2	2	3	2	3	2	3	2	2	2	84	84	
9	Yati	3	2	3	3	2	4	3	4	3	1	4	2	2	4	2	2	2	1	2	3	3	3	2	3	2	2	2	2	2	3	1	2	2	2	2	2	2	89	89	
10	Novi	2	2	3	2	4	2	3	4	3	1	2	2	2	2	3	2	2	2	2	3	4	3	2	3	2	3	2	2	2	3	2	3	2	2	2	2	1	2	88	88
11	Wiwik	2	2	3	2	3	2	3	2	3	2	2	3	2	2	3	2	2	2	3	2	3	2	2	2	2	3	3	2	3	2	2	2	2	2	2	2	3	86	86	
12	Aulia	1	2	2	1	1	3	3	1	2	1	2	1	2	1	1	1	1	2	1	2	2	3	1	1	1	2	1	1	2	1	3	1	1	1	1	1	1	2	57	57
13	Ummy	2	3	4	4	4	1	2	3	1	2	3	4	3	4	3	4	3	2	3	4	4	4	3	4	2	4	3	4	3	3	3	3	2	3	2	3	2	3	111	111
14	Ayu L	3	1	3	1	1	2	1	3	1	2	1	3	1	3	2	1	1	1	1	3	4	1	1	1	1	1	4	1	2	1	1	1	1	1	1	1	1	59	59	
15	Inc	2	2	3	3	4	2	3	3	3	2	3	4	3	3	3	3	2	2	3	3	4	4	1	3	2	3	3	2	3	3	1	1	3	2	2	1	2	96	96	
16	Rika	2	2	3	2	2	2	3	1	2	1	2	1	2	1	3	2	2	1	2	2	3	2	2	1	2	4	2	2	2	2	2	1	1	1	3	2	1	2	71	71
17	Lastri	2	2	3	3	3	2	2	2	2	2	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	4	2	2	2	2	80	80	
18	lailatus	2	3	3	3	3	2	2	2	2	2	2	3	2	2	3	2	3	2	2	2	3	3	2	3	2	3	2	2	2	2	2	2	2	2	2	2	2	2	85	85
19	Nur	3	1	4	1	1	3	2	1	1	1	3	1	1	1	3	1	1	1	1	1	2	1	1	1	2	1	1	1	2	1	1	1	1	1	2	2	1	1	54	54
20	Girinda	2	2	2	2	3	3	3	3	3	2	3	3	2	2	3	2	2	1	2	3	4	4	3	3	2	3	2	2	2	2	2	2	2	2	2	2	4	91	91	
21	Pungkas	3	1	2	1	3	2	2	1	2	1	2	3	4	1	2	1	1	2	1	2	1	3	3	1	1	1	2	3	2	2	2	1	3	4	2	1	3	72	72	
22	Aprilia	3	2	3	3	3	2	3	2	3	2	2	3	2	2	3	2	2	2	2	2	2	3	2	3	2	3	3	2	3	3	2	2	2	3	3	2	3	91	91	
23	Anjani	2	2	3	3	2	2	3	2	2	3	2	2	2	2	2	2	2	1	2	2	3	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	1	2	78	78
24	tsalis	2	2	4	3	3	3	4	2	3	2	2	3	3	3	2	3	1	2	2	3	4	3	2	2	2	3	2	2	3	2	3	2	2	2	2	2	2	2	92	92
25	Fitri	2	2	3	2	2	3	3	2	3	2	2	2	2	2	2	2	2	1	3	3	3	2	2	2	2	2	2	2	3	2	2	2	2	2	2	2	2	3	82	82
26	Nurul	3	3	3	3	3	3	3	3	3	2	2	2	3	2	3	2	3	2	3	2	3	4	3	2	3	1	3	2	2	3	3	2	2	3	3	2	1	2	94	94
27	Nina	3	3	4	2	4	1	3	2	2	1	2	2	3	3	1	2	2	1	3	2	3	2	2	2	2	2	2	2	3	3	2	1	2	1	3	1	2	80	80	
28	N	3	3	2	2	4	1	3	2	3	2	2	2	3	2	3	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	3	2	1	1	82	82
29	M	3	3	3	4	4	3	4	3	3	3	3	3	3	3	4	3	2	2	3	4	2	4	3	4	2	4	3	3	3	3	2	4	3	2	2	4	3	114	114	
30	Fitri	3	3	3	2	2	3	3	2	3	2	2	2	3	2	3	2	2	2	2	3	3	3	1	2	2	3	3	2	3	2	2	1	2	3	2	1	2	86	86	
31	Susilawati	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	3	3	4	4	4	4	4	4	4	4	4	3	4	4	4	4	4	4	4	4	4	142	142

32	Lilis	4	3	4	4	4	4	4	4	4	4	3	4	3	4	4	4	3	2	3	4	4	4	3	4	2	4	4	3	4	3	3	3	3	4	3	4	4	132	132		
33	Ka	2	1	2	3	3	2	2	3	2	3	2	2	2	2	3	2	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	81	81
34	Chandra	2	1	3	2	4	3	4	2	2	3	2	4	2	1	3	1	1	1	2	2	4	4	1	2	1	2	2	1	2	2	1	1	2	1	1	1	4	77	77		

Lampiran 2. Uji validitas dan Reliabilitas Skala Stres

Putaran 1

Case Processing Summary

		N	%
Cases	Valid	34	100,0
	Excluded ^a	0	,0
	Total	34	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,951	,951	42

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
VAR00001	95,3235	341,438	,368	.	,951
VAR00002	95,3235	352,468	-,054	.	,954
VAR00003	95,5588	337,587	,508	.	,950
VAR00004	94,7059	340,699	,415	.	,951
VAR00005	95,2353	325,640	,744	.	,948
VAR00006	94,8235	328,392	,633	.	,949
VAR00007	95,2941	342,093	,301	.	,951
VAR00008	94,9412	336,906	,524	.	,950
VAR00009	95,3824	330,122	,669	.	,949
VAR00010	95,0294	345,908	,189	.	,952
VAR00011	95,1471	334,432	,606	.	,949
VAR00012	95,7059	333,244	,638	.	,949
VAR00013	95,3824	345,092	,230	.	,952

VAR00014	95,4706	336,620	,491	.	,950
VAR00015	95,1176	331,380	,574	.	,950
VAR00016	95,3235	336,104	,578	.	,950
VAR00017	95,5882	326,734	,714	.	,949
VAR00018	94,9412	335,512	,577	.	,950
VAR00019	95,6765	325,074	,876	.	,948
VAR00020	95,7647	338,852	,579	.	,950
VAR00021	96,0882	338,689	,624	.	,950
VAR00022	95,5882	332,977	,703	.	,949
VAR00023	95,0882	344,628	,268	.	,951
VAR00024	95,1176	330,713	,752	.	,949
VAR00025	94,7647	339,216	,359	.	,951
VAR00026	95,0882	331,295	,558	.	,950
VAR00027	95,7647	333,822	,616	.	,949
VAR00028	95,3235	323,498	,815	.	,948
VAR00029	96,0294	341,423	,505	.	,950
VAR00030	95,1471	329,584	,680	.	,949
VAR00031	95,4706	329,348	,839	.	,948
VAR00032	95,6765	338,044	,476	.	,950
VAR00033	95,2647	331,837	,700	.	,949
VAR00034	95,4118	333,643	,695	.	,949
VAR00035	95,8235	336,998	,534	.	,950
VAR00036	95,7647	331,701	,576	.	,950
VAR00037	95,6765	331,559	,769	.	,949
VAR00038	95,3824	337,577	,444	.	,950
VAR00039	95,9706	347,787	,123	.	,952
VAR00040	95,6176	335,031	,636	.	,949
VAR00041	96,0882	326,386	,761	.	,948
VAR00042	95,2647	334,079	,529	.	,950

Putaran II

Case Processing Summary

		N	%
Cases	Valid	34	100,0
	Excluded ^a	0	,0
	Total	34	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,957	,958	37

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
VAR00001	83,4412	320,739	,342	.	,958
VAR00003	83,6765	316,832	,489	.	,957
VAR00004	82,8235	319,786	,398	.	,957
VAR00005	83,3529	304,478	,755	.	,955
VAR00006	82,9412	307,572	,630	.	,956
VAR00007	83,4118	320,068	,325	.	,958
VAR00008	83,0588	315,330	,539	.	,957
VAR00009	83,5000	309,167	,668	.	,956
VAR00011	83,2647	313,170	,612	.	,956
VAR00012	83,8235	312,150	,638	.	,956
VAR00014	83,5882	314,795	,514	.	,957
VAR00015	83,2353	310,670	,563	.	,957
VAR00016	83,4412	314,921	,579	.	,956
VAR00017	83,7059	306,517	,693	.	,956
VAR00018	83,0588	314,239	,582	.	,956
VAR00019	83,7941	304,290	,876	.	,955
VAR00020	83,8824	317,440	,587	.	,957

VAR00021	84,2059	317,441	,624	.	,956
VAR00022	83,7059	311,971	,700	.	,956
VAR00024	83,2353	309,761	,750	.	,955
VAR00025	82,8824	317,865	,361	.	,958
VAR00026	83,2059	309,865	,570	.	,957
VAR00027	83,8824	312,471	,626	.	,956
VAR00028	83,4412	302,557	,821	.	,955
VAR00029	84,1471	319,826	,519	.	,957
VAR00030	83,2647	308,079	,698	.	,956
VAR00031	83,5882	308,553	,833	.	,955
VAR00032	83,7941	317,320	,456	.	,957
VAR00033	83,3824	311,031	,691	.	,956
VAR00034	83,5294	312,923	,679	.	,956
VAR00035	83,9412	315,512	,546	.	,957
VAR00036	83,8824	310,228	,590	.	,956
VAR00037	83,7941	310,714	,762	.	,955
VAR00038	83,5000	316,439	,440	.	,957
VAR00040	83,7353	313,898	,636	.	,956
VAR00041	84,2059	305,320	,768	.	,955
VAR00042	83,3824	312,546	,543	.	,957

31	Susilawati	4	1	4	4	2	3	4	4	4	4	2	3	1	4	4	4	2	2	4	2	3	3	2	1	3	4	3	2	3	3	4	2	4	2	3	4	2	4	3	2	2	4	4	1	2	3	3	154				
32	Lili	3	2	2	2	1	2	2	4	3	3	1	2	1	2	2	3	3	2	3	2	2	2	3	2	2	3	3	3	1	3	4	2	2	3	2	2	4	2	2	3	2	4	3	2	1	2	4	2	2	3	3	125
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34	Chandra	4	1	3	4	3	3	3	3	3	4	3	4	4	2	2	3	4	4	4	3	4	1	4	3	4	4	3	3	3	4	4	3	4	2	4	2	4	1	4	4	2	4	4	4	4	1	4	4	4	169		

Tabulasi valid dukungan sosial

No	Nama	1	4	5	6	7	9	10	11	12	13	14	16	19	21	23	24	25	26	28	29	30	31	32	33	34	35	36	39	41	42	44	45	46	47	48	50	51	52	Σ				
1	Rosa	2	2	3	3	2	2	2	3	2	2	2	2	3	2	3	2	3	3	2	3	3	4	2	3	2	3	2	3	3	3	2	3	3	3	3	3	3	3	3	3	3	99	
2	Agust	2	4	4	4	3	3	3	3	3	3	2	3	4	3	3	3	3	3	3	4	3	3	3	3	3	3	3	3	4	3	2	3	4	4	3	3	3	3	4	4	120		
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5	Little	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	4	3	3	3	3	3	3	4	4	2	3	3	4	3	4	3	4	3	3	117		
6	Puji	3	4	2	3	3	3	3	3	2	3	3	4	3	4	3	3	3	3	4	3	4	4	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	4	3	4	3	119
7	Awalul	3	3	3	3	3	3	3	3	3	1	3	3	3	3	3	4	3	3	3	3	2	3	3	3	3	3	3	3	3	4	3	3	4	4	4	4	3	4	4	4	4	118	
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9	Yati	4	3	3	3	3	3	3	3	3	3	2	3	3	4	4	1	3	2	4	3	3	3	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	113	
10	Novi	3	3	3	3	3	3	2	3	3	3	2	3	3	4	4	4	3	3	4	3	4	4	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	4	4	4	119	
11	Wiwik	3	3	3	3	3	3	2	3	3	2	2	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3	4	4	110
12	Aulia	2	4	4	4	3	2	3	3	4	1	4	4	4	2	3	4	3	4	4	4	4	4	4	4	4	4	4	2	4	4	4	3	4	4	4	4	4	4	4	4	4	4	135
13	Ummy	3	4	4	3	3	3	2	3	4	2	3	3	4	3	4	4	4	3	3	3	3	3	3	3	4	4	4	3	4	4	2	3	3	4	4	4	3	4	4	3	4	3	126
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16	Rika	3	4	4	4	4	3	3	3	3	3	3	4	4	3	3	3	4	3	4	4	4	4	3	3	3	3	3	3	4	4	4	4	4	3	4	3	4	3	4	3	4	132	
17	Lastri	3	3	3	3	3	3	3	3	3	3	3	3	3	3	4	4	3	3	3	3	3	3	3	3	3	3	3	3	1	4	4	3	4	4	4	4	1	4	3	4	4	119	
18	laitul	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	112	
19	Nur	4	4	4	4	3	3	3	4	4	3	4	4	4	2	4	4	2	3	4	4	4	4	3	4	4	4	1	3	4	4	4	3	4	4	4	4	3	4	4	4	4	136	
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23	Anjani	3	3	4	4	4	4	3	4	4	3	3	4	1	4	3	3	2	2	3	3	3	3	3	3	3	2	4	3	3	4	3	3	3	3	3	3	3	119	
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25	Fitri	3	3	3	2	3	3	3	2	3	2	3	3	3	3	3	3	3	3	3	3	3	4	2	3	2	3	3	3	3	3	3	3	3	3	3	3	3	110	
26	Nurul	3	3	3	3	4	3	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	4	3	3	3	3	4	3	4	3	3	117	
27	Nina	4	4	4	4	3	4	4	4	4	4	4	3	4	4	4	4	2	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	148	
28	N	3	3	3	2	3	3	3	3	3	2	2	3	3	2	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	3	108	
29	M	3	3	2	2	2	2	3	2	2	2	2	3	3	2	2	3	2	3	3	1	3	4	2	2	3	2	2	3	2	4	2	1	3	3	1	3	1	4	92
30	Fitri	3	3	3	3	4	2	3	4	4	2	3	3	4	2	3	3	3	3	4	4	4	4	3	3	3	3	3	4	3	3	3	3	3	3	3	3	3	4	121
31	Susila	4	4	2	3	4	4	4	2	3	1	4	3	4	4	2	4	2	3	2	1	3	4	3	2	3	3	4	2	4	2	3	2	2	4	4	2	3	3	113
32	Lilis	3	2	1	2	2	3	3	1	2	1	2	3	3	2	3	2	2	3	3	1	3	4	2	2	3	2	2	2	3	2	3	2	1	2	4	2	3	3	89
33	Ka	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	4	3	3	3	3	3	3	3	3	2	2	2	2	3	3	3	111		
34	Chand	4	4	3	3	3	3	4	3	4	4	2	3	2	3	4	4	3	4	4	3	4	4	3	3	3	4	4	2	1	4	2	4	4	4	4	4	4	129	

Lampiran 4. Uji Validitas dan Reliabilitas Skala Dukungan sosial

Putaran 1

Case Processing Summary

		N	%
Cases	Valid	34	100,0
	Excluded ^a	0	,0
	Total	34	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,905	,906	52

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
VAR00001	152,8529	192,190	,373	.	,904
VAR00002	154,5000	204,500	-,439	.	,910
VAR00003	152,8529	197,341	,040	.	,907
VAR00004	152,6176	187,758	,639	.	,901
VAR00005	152,9118	186,325	,592	.	,901
VAR00006	152,9118	185,901	,657	.	,901
VAR00007	152,8529	190,735	,467	.	,903
VAR00008	152,7941	196,229	,120	.	,906
VAR00009	152,9412	191,936	,366	.	,904
VAR00010	152,9412	190,602	,448	.	,903
VAR00011	153,0000	186,606	,643	.	,901
VAR00012	152,8529	184,372	,700	.	,900
VAR00013	153,4412	190,012	,323	.	,905

VAR00014	153,2353	188,670	,439	.	,903
VAR00015	153,1471	190,735	,271	.	,906
VAR00016	152,7353	189,655	,516	.	,902
VAR00017	153,1176	194,046	,228	.	,905
VAR00018	152,9706	193,363	,188	.	,906
VAR00019	152,7353	189,655	,439	.	,903
VAR00020	152,8235	192,695	,299	.	,905
VAR00021	152,8824	189,561	,386	.	,904
VAR00022	152,7059	193,850	,277	.	,905
VAR00023	152,7059	187,911	,611	.	,901
VAR00024	152,6765	187,922	,514	.	,902
VAR00025	153,0882	190,386	,389	.	,904
VAR00026	152,8235	191,119	,472	.	,903
VAR00027	154,0882	207,840	-,465	.	,914
VAR00028	152,7647	188,913	,457	.	,903
VAR00029	152,8529	184,796	,603	.	,901
VAR00030	152,6765	188,953	,587	.	,902
VAR00031	152,3824	192,304	,373	.	,904
VAR00032	152,9412	189,754	,621	.	,902
VAR00033	152,9412	188,421	,642	.	,901
VAR00034	152,8529	191,584	,530	.	,903
VAR00035	153,0294	186,999	,560	.	,902
VAR00036	152,9412	190,663	,378	.	,904
VAR00037	153,9118	205,901	-,438	.	,912
VAR00038	152,4118	195,643	,178	.	,905
VAR00039	153,1176	192,349	,359	.	,904
VAR00040	152,7647	193,701	,307	.	,904
VAR00041	152,5882	189,947	,420	.	,903
VAR00042	152,5588	190,193	,472	.	,903
VAR00043	152,5882	191,825	,320	.	,904
VAR00044	153,1471	189,705	,470	.	,903
VAR00045	152,8824	184,107	,689	.	,900
VAR00046	152,8529	185,523	,601	.	,901
VAR00047	152,5882	186,734	,638	.	,901
VAR00048	152,6471	190,538	,328	.	,904
VAR00049	154,5294	202,984	-,307	.	,910
VAR00050	152,7059	187,608	,580	.	,902
VAR00051	152,6471	188,963	,524	.	,902
VAR00052	152,4706	193,226	,351	.	,904

PUTARAN 2

Case Processing Summary

		N	%
Cases	Valid	34	100,0
	Excluded ^a	0	,0
	Total	34	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,934	,936	40

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
VAR00001	121,4118	185,583	,338	.	,933
VAR00004	121,1765	180,695	,640	.	,931
VAR00005	121,4706	178,378	,641	.	,931
VAR00006	121,4706	178,075	,703	.	,930
VAR00007	121,4118	183,037	,506	.	,932
VAR00009	121,5000	184,924	,358	.	,933
VAR00010	121,5000	184,015	,415	.	,933
VAR00011	121,5588	179,042	,674	.	,931
VAR00012	121,4118	176,674	,739	.	,930
VAR00013	122,0000	183,333	,304	.	,935
VAR00014	121,7941	181,381	,450	.	,933
VAR00016	121,2941	182,275	,535	.	,932
VAR00019	121,2941	182,881	,421	.	,933
VAR00021	121,4412	183,466	,338	.	,934

VAR00023	121,2647	180,807	,613	.	,931
VAR00024	121,2353	180,307	,543	.	,932
VAR00025	121,6471	183,387	,383	.	,933
VAR00026	121,3824	184,183	,459	.	,933
VAR00028	121,3235	182,286	,432	.	,933
VAR00029	121,4118	176,977	,643	.	,931
VAR00030	121,2353	181,519	,610	.	,931
VAR00031	120,9412	185,209	,370	.	,933
VAR00032	121,5000	182,682	,619	.	,932
VAR00033	121,5000	180,682	,688	.	,931
VAR00034	121,4118	184,250	,547	.	,932
VAR00035	121,5882	180,189	,548	.	,932
VAR00036	121,5000	184,318	,337	.	,934
VAR00039	121,6765	185,135	,364	.	,933
VAR00040	121,3235	186,953	,277	.	,934
VAR00041	121,1471	182,493	,439	.	,933
VAR00042	121,1176	182,895	,484	.	,932
VAR00043	121,1471	185,160	,294	.	,934
VAR00044	121,7059	182,396	,483	.	,932
VAR00045	121,4412	176,618	,716	.	,930
VAR00046	121,4118	178,250	,614	.	,931
VAR00047	121,1471	179,826	,631	.	,931
VAR00048	121,2059	183,078	,345	.	,934
VAR00050	121,2647	180,746	,568	.	,932
VAR00051	121,2059	181,865	,525	.	,932
VAR00052	121,0294	185,484	,393	.	,933

PUTARAN 3

Case Processing Summary

		N	%
Cases	Valid	34	100,0
	Excluded ^a	0	,0
	Total	34	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,934	,936	38

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
VAR00001	114,8824	175,683	,330	.	,934
VAR00004	114,6471	170,720	,646	.	,931
VAR00005	114,9412	168,299	,655	.	,931
VAR00006	114,9412	168,118	,712	.	,930
VAR00007	114,8824	172,955	,514	.	,932
VAR00009	114,9706	174,878	,361	.	,934
VAR00010	114,9706	174,151	,407	.	,933
VAR00011	115,0294	168,939	,690	.	,931
VAR00012	114,8824	166,955	,736	.	,930
VAR00013	115,4706	173,287	,307	.	,935
VAR00014	115,2647	171,776	,434	.	,933
VAR00016	114,7647	172,307	,537	.	,932
VAR00019	114,7647	173,034	,415	.	,933
VAR00021	114,9118	173,356	,344	.	,934

VAR00023	114,7353	170,867	,616	.	,932
VAR00024	114,7059	170,699	,528	.	,932
VAR00025	115,1176	173,380	,385	.	,934
VAR00026	114,8529	174,614	,429	.	,933
VAR00028	114,7941	172,229	,439	.	,933
VAR00029	114,8824	166,774	,664	.	,931
VAR00030	114,7059	171,547	,614	.	,932
VAR00031	114,4118	175,401	,356	.	,934
VAR00032	114,9706	172,757	,618	.	,932
VAR00033	114,9706	170,757	,691	.	,931
VAR00034	114,8824	174,410	,535	.	,933
VAR00035	115,0588	170,421	,542	.	,932
VAR00036	114,9706	174,211	,343	.	,934
VAR00039	115,1471	175,038	,369	.	,934
VAR00041	114,6176	172,365	,449	.	,933
VAR00042	114,5882	173,280	,463	.	,933
VAR00044	115,1765	172,332	,491	.	,933
VAR00045	114,9118	166,750	,721	.	,930
VAR00046	114,8824	168,592	,605	.	,931
VAR00047	114,6176	170,304	,610	.	,932
VAR00048	114,6765	172,892	,356	.	,934
VAR00050	114,7353	171,049	,557	.	,932
VAR00051	114,6765	171,680	,541	.	,932
VAR00052	114,5000	175,530	,388	.	,933

Lampiran 5. Uji Normalitas Skala Stres

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EXAMINE VARIABLES=stres

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/COMPARE GROUPS

/STATISTICS DESCRIPTIVES

/CINTERVAL 95

/MISSING LISTWISE

/NOTOTAL.
    
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Explore

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	Cases Used	Statistics are based on cases with no missing values for any dependent variable or factor used.

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Case Processing Summary

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	N	Percent	N	Percent	N	Percent
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Descriptives

		Statistic	Std. Error
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	95% Confidence Interval for Mean	Lower Bound	79.5162
		Upper Bound	92.1897
stres	5% Trimmed Mean	84.6634	
	Median	84.5000	
	Variance	329.826	
	Std. Deviation	18.16112	

Minimum	54.00	
Maximum	142.00	
Range	88.00	
Interquartile Range	13.25	
Skewness	1.178	.403
Kurtosis	2.769	.788

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	Df	Sig.	Statistic	df	Sig.
stres	.191	34	.134	.884	34	.167

a. Lilliefors Significance Correction

Lampiran 6. Uji Normalitas Skala Dukungan sosial

EXAMINE VARIABLES=dukungan_sosial

/PLOT BOXPLOT STEMLEAF NPLOT

/COMPARE GROUPS

/STATISTICS DESCRIPTIVES

/CINTERVAL 95

/MISSING LISTWISE

/NOTOTAL.

Explore

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Missing Value Handling	Definition of Missing	User-defined missing values for dependent variables are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any dependent variable or factor used.

Syntax	<pre> EXAMINE VARIABLES=dukungan_sosi al /PLOT BOXPLOT STEMLEAF NPLOT /COMPARE GROUPS /STATISTICS DESCRIPTIVES /CINTERVAL 95 /MISSING LISTWISE /NOTOTAL. </pre>	
Resources	Processor Time	00:00:02.95
	Elapsed Time	00:00:02.18

[DataSet0]

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
dukungan_sosial	34	100.0%	0	0.0%	34	100.0%

Descriptives

		Statistic	Std. Error	
dukungan_sosial	Mean	118.2059	2.35290	
	95% Confidence Interval for Mean	Lower Bound	113.4189	
		Upper Bound	122.9929	
	5% Trimmed Mean	118.2876		
	Median	119.0000		
	Variance	188.229		
	Std. Deviation	13.71966		
	Minimum	89.00		
	Maximum	148.00		
	Range	59.00		
	Interquartile Range	17.50		
	Skewness	-.105	.403	
	Kurtosis	-.028	.788	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
dukungan_sosial	.083	34	.200*	.981	34	.807

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Lampiran 7. Uji Linearitas

Means

Case Processing Summary

	Cases					
	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
stres * dukungan sosial	34	100.0%	0	0.0%	34	100.0%

Report

stres

dukungan sosial	Mean	N	Std. Deviation
89.000	132.0000	1	.
92.000	114.0000	1	.
94.000	91.0000	1	.
99.000	89.0000	1	.
105.000	84.0000	1	.
107.000	86.0000	1	.
108.000	82.0000	1	.
110.000	84.0000	2	2.82843
111.000	81.0000	1	.
112.000	85.0000	1	.
113.000	115.5000	2	37.47666
117.000	85.0000	2	12.72792
118.000	81.0000	1	.
119.000	82.5000	4	4.43471
120.000	63.0000	1	.
121.000	86.0000	1	.
122.000	96.0000	1	.
123.000	92.0000	1	.
124.000	91.0000	1	.
126.000	111.0000	1	.
129.000	77.0000	1	.
132.000	76.3333	3	8.38650
135.000	57.0000	1	.
136.000	54.0000	1	.
140.000	59.0000	1	.
148.000	80.0000	1	.
Total	85.8529	34	18.16112

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
stres * dukungan sosial	Between Groups	(Combined)	9110.098	25	364.404	1.643	0.238
		Linearity	3392.001	1	3392.001	15.295	0.004
		Deviation from Linearity	5718.097	24	238.254	1.074	0.49
	Within Groups		1774.167	8	221.771		
Total			10884.27	33			

Measures of Association

	R	R Squared	Eta	Eta Squared
stres * dukungan sosial	-.558	.312	.915	.837

Lampiran 8. Uji Korelasi Product Moment

Correlations

		Dukungan_sosi al	stres
Dukungan_sosial	Pearson Correlation	1	-,558**
	Sig. (2-tailed)		,001
	N	34	34
Stres	Pearson Correlation	-,558**	1
	Sig. (2-tailed)	,001	
	N	34	34

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 9. Kategorisasi Item Skala Dukungan sosial dengan Stres

Skala Stres	
Total	Kategori
54	sangatR
57	sangatR
59	Rendah
63	Rendah
71	Rendah
72	Rendah
76	Rendah
77	Rendah
78	Rendah
80	Rendah
80	Rendah
81	Rendah
81	Rendah
82	Sedang
82	Sedang
84	Sedang
84	Sedang
85	Sedang
86	Sedang
86	Sedang
86	Sedang
86	Sedang
86	Sedang
88	Sedang
89	Sedang
89	Sedang
91	Sedang
91	Sedang
92	Sedang
94	Sedang
96	Sedang
111	Tinggi
114	Tinggi
132	SangatT
142	SangatT

Skala Dukungan sosial	
Total	kategori
89	Sedang
92	Sedang
94	Sedang
99	Sedang
105	Sedang
107	Tinggi
108	Tinggi
110	Tinggi
110	Tinggi
111	Tinggi
112	Tinggi
113	Tinggi
113	Tinggi
117	Tinggi
117	Tinggi
118	Tinggi
119	Tinggi
119	Tinggi
119	Tinggi
119	Tinggi
120	Tinggi
121	Tinggi
122	Tinggi
123	Tinggi
124	Tinggi
126	Tinggi
129	Tinggi
132	SangatT
132	SangatT
132	SangatT
135	SangatT
136	SangatT
140	SangatT
148	SangatT