

## DAFTAR PUSTAKA

- Atkinson, C., & Hall, L. (2011). Flexible working and happiness in the NHS. *Employee relations*, 33(2), 88-105.
- Azwar, S. (2017). Metode penelitian. Pustaka Pelajar.
- Bakker, A. B. & Leiter, M. P. (2010). Work engagement: A handbook of essential theory and research. New York: Psychology Press.
- Bestari, D. (2019). Hubungan antara happiness at work dengan organizational citizenship behavior pada karyaawan PT. Telkom witel Semarang. Semarang. Universitas Diponegoro.
- Diener, E., & Seligman, M. E. P. (2002). *Authentic happiness: Using positive psychology to build a better life*. New York: Basic Books
- Eriyanda, D., & Khairani, M. (2017). Kebersyukuran dan kebahagiaan pada wanita bercerai di aceh. *Psikodimensia*, 16(2), 23-26. doi: 10.24167/psiko.v16i2.
- Erlina F. (2024, 29 April). Proporsi Faktor Ketidak bahagiaan dengan Pekerjaan yang Dirasakan Responden (Juni 2023). <https://databoks.katadata.co.id/datapublish/2023/06/09/kurang-diakui-hingga-beban-kerja-berlebih-ini-alasan-warga-ri-tak-bahagia-dengan-pekerjaannya>
- Etikariena, A. (2018). The effect of psychological capital as a mediator variable on the relationship between work happiness and innovative work behavior. *Diversity in unity: Perspectives from psychology and behavioral sciences*, 23, 379-386. <https://www.taylorfrancis.com/chapters/oa-edit/10.1201/9781315225302-46/effect-psychological-capital-mediator-variable-relationship-work-happiness-innovative-work-behavior-etikariena>
- Emmons, R. A., & McCullough, M. E. (2003). Counting Blessings Versus Burdens: An Experimental Investigation of Gratitude and Subjective Well-Being. *Journal of Personality and Social Psychology*, 84(2), 377-389.
- Froh, JJ., Yurkewicz, C., & Kashdan, TB. (2008). Gratitude and subjective well-being in early adolescence: Examining gender differences, *Journal of Adolescence*, 32(3), 1-18. doi:10.1016/j.adolescence.2008.06.006.
- Froh, J. J., Yurkewicz, S., & Kashdan, T. B. (2009). The benefits of gratitude: A review of the literature. *Journal of Personality and Social Psychology*, 96(2), 1071-1083.
- Harter, James K., et al. (2002). The impact of positive employee engagement on performance and profits. *The Academy of Management Journal*, 45(3), 591-602.

- Junjuran. (2023). Hubungan antara psychological capital dan happiness mahasiswa di kota Bandung. Bandung. Universitas informatika dan bisnis.
- Lestiani, I. (2017). Hubungan penerimaan diri dan kebahagiaan pada karyawan. *Jurnal Psikologi*, 9(2).
- Li, Y. (2019). Leadership styles and knowledge workers' work engagement: psychological capital as a mediator. *Current Psychology*, 38, 1152-1161.
- Luthans. (2002) *Organizational Behavior: 7th Edition*. McGraw-Hill Inc.
- Luthans, F., Luthans, K. W., & Luthans, B. C. (2004). Positive psychological capital: Beyond human and social capital. *Business Horizons*, 47(1), 45–50.
- Luthans, F., Youssef, C. M., & Avolio, B. J. 2007. *Psychological Capital :Developing the Human Competitive Edge*. Oxford University Press
- McCullough, M. E. (2002). The Grateful Disposition: A Conceptual and Empirical Analysis. *Journal of Personality and Social Psychology*, 82(1), 112-127.
- Moyassar, A. (2023) Antecedents of Happiness at Work: The Moderating role of Gender. *Cogent Business & Management*.
- Pryce-Jones, J. (2010). *Happiness at work: Maximizing your psychological capital for success*. Chichester: Wiley-Blackwell.
- Qonitatunniswah, M. (2016). Psychological capital anak penyandang tunadaksa akibat kecelakaan. Surabaya. Universitas islam negeri sunan ampel Surabaya.
- Rachmawati, M. (2010). Employee engagement sebagai kunci meningkatkan kinerja karyawan. *International Journal of Business and Management*, 5, (12).
- Riani, A. (2013). *Manajemen Sumberdaya Manusia Masa Kini*. Yogyakarta: Graha Ilmu.
- Safaria. (2014). Forgiveness, gratitude, and happiness among college students. *Journal of Psychology*, 3(4), 241-245. doi: 10.11591/.v3i4.4698.
- Salas-Vallina, A., & Alegre, J. (2018). Happiness at work: Developing a shorter measure. *Journal of Management & Organization*, 27(3), 460–480.
- Seligman E. P, Martin. (2004). *Authentic happiness - Using the new positive psychology to realize your potential for lasting fulfillment*. New York: Free Press-2.
- Seligman, M. E. P. (2005) *Authentic happiness; Menciptakan kebahagiaan dengan psikologi positif*. Terjemahan. Bandung: PT Mizan Pustaka.

- Ventura, B. (2024, 24 Mei). Survei: Karyawan di Asia Pasifik Tidak Bahagia di Tempat Kerja. *SindoNews*.  
<https://ekbis.sindonews.com/berita/1179556/35/survei-karyawan-di-asia-pasifik-tidak-bahagia-di-tempat-kerja>
- Wood, A. M., Maltby, J., Stewart, S., Linley, P. A., & Joseph, S. (2008). Gratitude and Well-Being: A Review and Theoretical Integration. *Clinical Psychology Review*, 28(1), 89-106.
- Zahra, F., Dkk. (2024). Adaptasi Alat Ukur Happiness At Work Scales Pada Karyawan Indonesia. Sumedang. *Journal of Industrial Engineering and Management*.

