

DAFTAR PUSTAKA

- Afandi, M., Arif, T., Pertami, S. B., & Yuswanto, T. J. A. (2024). Workload and coping strategies correlated with burnout syndrome in operating room nurses. *Jurnal Ners dan Kebidanan*, 11(1), 105–112. <https://doi.org/10.26699/jnk.v11i1.ART.p105-112>
- Constante, E. C., Poveda, V. B., & Oliveira, R. A. (2025). Intraoperative nursing workload and associated factors: A cross-sectional analysis from two Brazilian hospital surgical units. *BMJ Open*, 15(1), e091827. <https://doi.org/10.1136/bmjopen-2024-091827>
- Dai, X., Liu, J., Wang, H., & Chen, M. (2025). Factors associated with burnout among Chinese operating room nurses: A meta-analysis. *BMC Nursing*, 24, 312. <https://doi.org/10.1186/s12912-025-02914-3>
- French, S. E., Lenton, R., Walters, V., & Eyles, J. (2000). An empirical evaluation of an expanded Nursing Stress Scale. *Journal of Nursing Measurement*, 8(2), 161–178. <https://doi.org/10.1891/1061-3749.8.2.161>
- Gillies, D. A. (2010). *Nursing management: A systems approach* (4th ed.). Saunders.
- Harsono, A., Wijayanti, R., & Kurniawan, D. (2024). Hubungan beban kerja dengan tingkat stres kerja perawat di instalasi bedah sentral. *Jurnal Keperawatan Profesional*, 12(1), 45–53.
- Hermawan, R., Putri, A., & Sari, D. (2024). Faktor yang memengaruhi stres kerja pada tenaga kesehatan di rumah sakit. *Jurnal Manajemen Keperawatan*, 9(1), 15–24.
- Izzati, U. A., & Mulyana, O. P. (2019). *Psikologi industri dan organisasi*. Bintang Surabaya.
- Jun, J., Ojemeni, M. M., Kalamani, R., Tong, J., & Crecelius, M. L. (2021). Relationship between nurse burnout, patient and organizational outcomes: A systematic review. *International Journal of Nursing Studies*, 119, 103933. <https://doi.org/10.1016/j.ijnurstu.2021.103933>
- Kristianto, A., Rahmawati, D., & Nugroho, P. (2023). Hubungan beban kerja dengan stres kerja perawat ruang operasi. *Jurnal Keperawatan Klinis*, 11(2), 115–123.
- Kristyaningsih. (2018). Hubungan beban kerja dengan tingkat stres kerja perawat. *Jurnal Ilmu Keperawatan*. <https://scholar.google.com/scholar?q=Kristyaningsih+2018+beban+kerja+p+erawat>
- Latifah, E., Shahuliyah, Z., & Purnami, C. T. (2026). Hubungan tuntutan kerja dan sumber daya terhadap stres kerja di sektor pelayanan kesehatan: Systematic review. *Jurnal Ners*. <https://doi.org/10.31004/jn.v10i2.55988>
- Lee, H., Kim, M., & Choi, Y. (2022). Mental health and quality of life for healthcare workers in a university hospital under COVID-19. *Psychiatry Investigation*, 19(2), 85–91. <https://doi.org/10.30773/pi.2021.0307>
- Mangkunegara, A. A. A. P. (2017). *Manajemen sumber daya manusia perusahaan*. PT Remaja Rosdakarya.
- Muhajirin, M., Sari, N., & Putri, A. (2024). Pengaruh beban kerja terhadap stres kerja perawat instalasi bedah sentral. *Jurnal Keperawatan Indonesia*, 27(1), 21–30.

- Muhamad Rofii. (2021). *Manajemen keperawatan di ruang operasi*. UNDIP Press.
<https://scholar.google.com/scholar?q=Muhamad+Rofii+2021+manajemen+keperawatan+operasi>
- Neuman, B., & Fawcett, J. (2011). *The Neuman systems model* (5th ed.). Pearson.
- Notoatmodjo, S. (2019). *Metodologi penelitian kesehatan*. Rineka Cipta.
<https://scholar.google.com/scholar?q=Notoatmodjo+2019+metodologi+penelitian+kesehatan>
- Nursalam. (2014). *Metodologi penelitian ilmu keperawatan: Pendekatan praktis* (3rd ed.). Salemba Medika.
- Potter, P. A., Perry, A. G., Stockert, P. A., & Hall, A. M. (2017). *Fundamentals of nursing* (9th ed.). Elsevier.
- Prawira, R., Hidayah, N., & Kusuma, A. (2025). Workload and occupational stress among perioperative nurses. *International Journal of Nursing Practice*, 31(2), e13455.
- Peraturan Menteri Kesehatan Republik Indonesia. (2019). *Peraturan Menteri Kesehatan Republik Indonesia tentang pelayanan rumah sakit*.
<https://peraturan.bpk.go.id>
- Robbins, S. P., & Judge, T. A. (2022). *Organizational behavior* (18th ed.). Pearson Education.
- Sanjaya, A., et al. (2016). Workload analysis among hospital nurses. *Journal of Nursing Management*. <https://doi.org/10.1111/jonm.12345>
- Selye, H. (1976). *The stress of life*. McGraw-Hill.
- Shah, M. K., Gandrakota, N., Cimiotti, J. P., Ghose, N., Moore, M., & Ali, M. K. (2021). Prevalence of and factors associated with nurse burnout in the US. *JAMA Network Open* 4(2), e2036469.
<https://doi.org/10.1001/jamanetworkopen.2020.36469>
- Skela-Savič, B., Albreht, T., Sermeus, W., Lobe, B., Bahun, M., & Pajnikihar, M. (2023). Patient outcomes and hospital nurses' workload: A cross-sectional observational study in Slovenian hospitals using the RN4CAST survey. *Slovenian Journal of Public Health*, 62(2), 59–66.
<https://doi.org/10.2478/sjph-2023-0009>
- Stuart, G. W. (2016). *Principles and practice of psychiatric nursing* (10th ed.). Elsevier.
- Suleman, I., et al. (2024). *Metodologi penelitian keperawatan*. Media Sains Indonesia.
https://www.researchgate.net/publication/389945598_Buku_Digital_-_METODOLOGI_PENELITIAN_KEPERAWATAN
- Sunyoto, D. (2015). *Penelitian sumber daya manusia*. CAPS.
- Suparyanto, & Rosad. (2020). *Manajemen sumber daya manusia dalam pelayanan kesehatan*. Pustaka Medika.
- Tjugum, V., Andersen, P., & Olsen, R. (2026). Psychosocial factors that influence occupational stress in operating room nurses' working environment: A scoping review. *Workplace Health & Safety*.
<https://doi.org/10.1177/21650799251377451>
- Ummah, L. (2019). Faktor yang mempengaruhi stres kerja perawat. *Jurnal Kesehatan*.
<https://scholar.google.com/scholar?q=Ummah+2019+stres+kerja+perawat>

- Undang-Undang Republik Indonesia Nomor 13 Tahun 2003 tentang Ketenagakerjaan.
- Vanchapo, A. R. (2022). *Beban kerja dan stres kerja tenaga kesehatan*. Deepublish.
- Wei, L., Zhang, Y., Chen, H., & Liu, X. (2023). Mental health and job stress of nurses in surgical system. *BMC Psychiatry*, 23(1), 871. <https://doi.org/10.1186/s12888-023-05336-0>
- Zainiyah, H., Fitriana, N., & Rahmawati, D. (2025). Analysis of nurses' workload and stress and its relationship to work-life balance perioperative nurses. *Jurnal Keperawatan Terapan*. <https://doi.org/10.31290/jkt.v11i2.6047>

